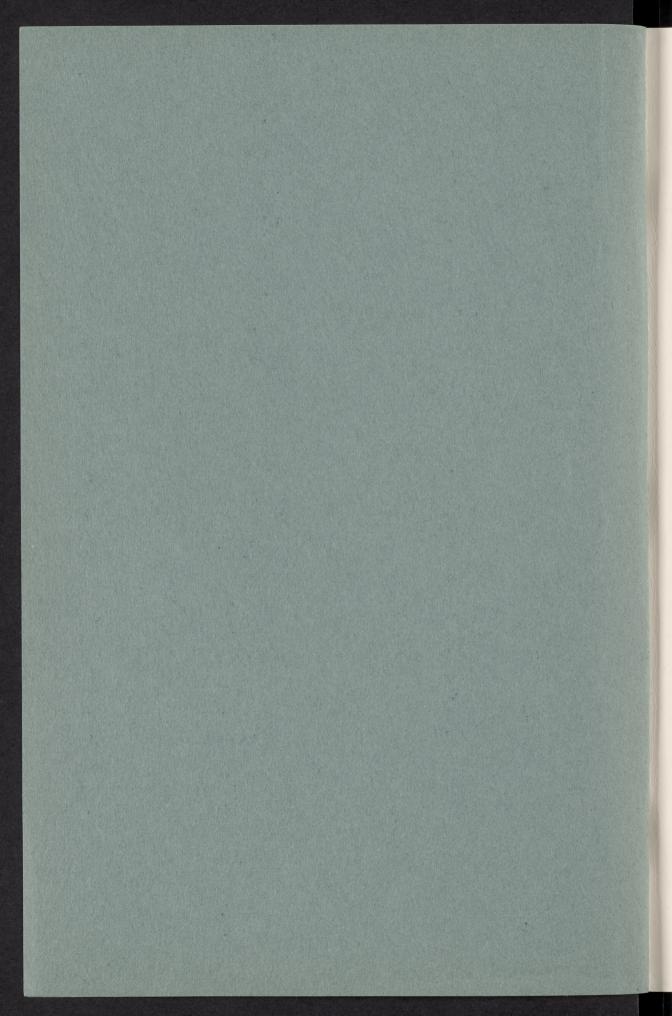


Liven to Barbara Mackenze by Mrs L. Lordan









The CAP AND SEAL

ANNUAL · OF · THE · SAN FRANCISCO · TRAINING SCHOOL · FOR NURSES · PUBLISHED BY THE . SENIOR CLASS ·

JUNE · NINETEEN TWENTY FOUR

..Foreword..

DE, the class of 1924, give this the fourth edition of the CAP and SEAL to the world.

May it keep in our hearts sacred memories of our beloved Alma Mater.

May it help us to be true to the ideals she has taught.

May it give to the world a glimpse of the spirit of our profession.





D. DEAN URCH, B. S., R. N. Director, School of Nursing

Dedication

To her who has been the guiding spirit

of the

San Francisco Training School of Nursing

and the friend and counselor of

all its students, to

MISS D. DEAN URCH

we, the Class of 1924, do most gratefully and lovingly dedicate this Journal



A. P. O'BRIEN, A. M., M. D. President Board of Health



JAMES WARD, F. A. C. C., M. D. Chairman, Hospital Committee



ARTHUR H. BARENDT Commissioner of Health



LIONEL S. SCHMITT, B. S., M. D. Assistant Dean, School of Medicine University of California



WILLIAM W. WYMORE, M. D. Commissioner of Health



WILLIAM C. HASSLER, Ph. G., M. D. Health Officer



EUCLID B. FRICK, M. D., Superintendent, San Francisco Hospital



LAWRENCE ARNSTEIN, B. S. Commissioner of Health



WILLIAM OPHULS, M. D. Dean, School of Medicine, Stanford University



EDITH SCHENCK, R. N. LOUISE PUGH, R. N.

LOUISE SPOHR, B. S., R. N. MARY JORDAN, R. N.



RALEIGH W. BURLINGAME, M. D.
Resident Physician, San Francisco Hospital
(Communicable Disease Dept.)



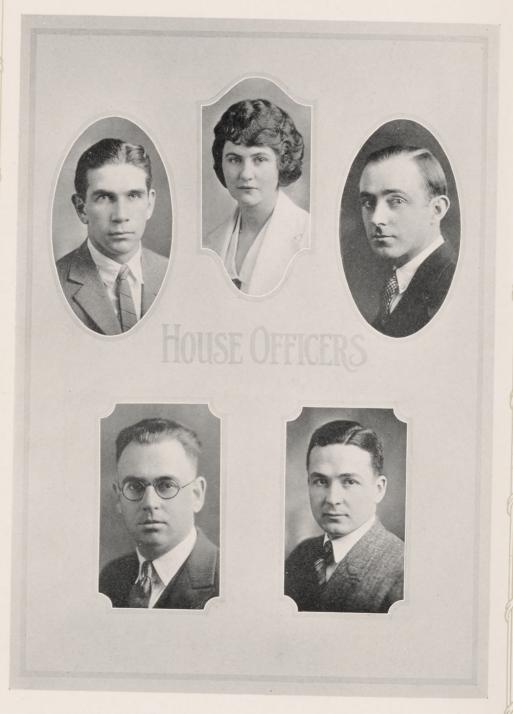
MRS. FANNIE BOWKER, R. N. Assistant Superintendent, San Francisco Hospital



MAURICE A. FLYNN
Assistant Superintendent, San Francisco
Hospital



ANNE M. FOYE, R. N.
Supervisor of Nursing, Tuberculosis
Department



GEORGE BURRALL, M, D. ISABELLA CLINTON, M. D. ODMUND JOSTAD, M. D. VICTOR RANDOLPH, M. D. E. GEOFFREY SMITH, M. D.

To the Class of 1924.

My DEAR FRIENDS:

It is often said of Jane Addams that she is the most useful woman in the world. I feel that the same thing can be said of you. You are rich in possession of powers which make it possible for you to render a peculiar service to the people—a service which no one else can give. As you go out into the world to practice your profession, you will experience the joy of being needed, the satisfaction of contributing to the health and happiness of your fellowmen. The world will be the richer for your having lived in it.

As I have watched you from day to day, this little verse from George Herbert's poem often runs through my mind:

"A servant with this clause
Makes drudgery divine,
Who sweeps a room as for Thy laws,
Makes that and the action fine."

Truly nurses have made of the humblest tasks a high calling, and you are now making your contribution.

I wish for each and every one of you success in your work. I trust and believe that you will go out to a life of usefulness and happiness, to be good women, wise, active, broad-minded citizens and painstaking nurses.

Cordially yours,

Daisy Dean Urch, Director, School of Nursing.



WILLIAM C. HASSLER, Ph. G., M. D. Health Officer

Officers of Instruction, Class of 1924

S. Anson Hill, M. D.—Lecturer in Medical Diseases.

Julian M. Wolfsohn, M. D.—Lecturer in Nervous and Mental Diseases.

KARL L. SCHAUPP, M. D.—Lecturer in Obstetrics.

HERBERT YERRINGTON, M. D.—Lecturer in Pediatrics.

August Henry Rosburg, M. D.—Lecturer in Surgical Diseases.

R. S. ZUMWALT, M. D.—Lecturer in Orthopedics.

EDWARD TALBOT, M. D.—Lecturer in Diseases of the Eye.

HANS VON GELDERN, M. D.—Lecturer in Gynecology.

HERBERT J. COHN, M. D.—Lecturer in Diseases of Ear, Nose and Throat.

Freida L. Kruse, M. D. — Lecturer in Skin and Venereal Diseases.

RALEIGH W. BURLINGAME, M. D.—Lecturer in Communicable Diseases.

W. R. P. CLARK, M. D.—Lecturer in Tuberculosis.

Frank Yocom, M. D.—Lecturer in Urinalysis.

D. Dean Urch, B. S., R. N.—Lecturer in Professional Problems.

CAROLYN KNOWLES, R. N.—Instructor in Theory of Nursing.

FLORENCE DRURY, R. N.—Instructor in Practice of Nursing.

Louise Justus, R. N.—Instructor in Materia Medica.

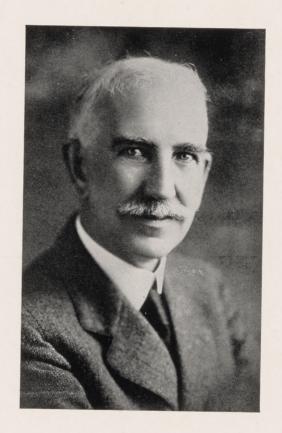
EDNA A. STUTT—Instructor in Dietetics, Cookery and Nutrition.

LILA MAHAN, R. N.—Instructor in Operating Room Technique.

Edith Schenck, R. N.—Instructor in History of Nursing.

JEANETTE RUSSELL, R. N.—Instructor in Obstetrical Nursing.

Special Lecturers in Public Sanitation and Social Aspects of Nursing.



GEORGE B. SOMERS, A. B., M. D.

George Burbank Somers, M. D.

Born in San Francisco and educated in the grammar schools of this city. Entered Harvard University, graduating in 1886 with the degree of A. B. and from Cooper Medical College, San Francisco, in 1888, with the degree of M. D.

Immediately after graduation received the appointment of resident physician of the Southern Pacific Railroad Hospital at Sacramento, California, where he served until 1891, when he withdrew to assume the duties of Chief Surgeon of the Emergency Hospital Service of San Francisco, which post he held until 1895, then becoming attached to the teaching staff (lecturer in anatomy, later professor of Gynecology) of Cooper Medical College, later merged with Stanford University, which chair he still occupies.

In 1913 appointed physician-superintendent of Lane and Stanford Hospitals, and Training School for Nurses, which position he now fills.

Appointed as a member of the Board of Health of San Francisco on December 23, 1909, by Mayor Edward Robeson Taylor to succeed Dr. William Ophuls, whose term had expired by limitation. With the exception of the period between January 21, 1910, and December 19, 1911, when illegally removed from office, Doctor Somers has served the city continuously for a period of fourteen years, his original appointment expiring on December 23, 1916, when he was re-appointed by Mayor James Rolph, this service terminating by limitation on December 23, 1923.

He served in the capacity of Chairman of the Hospital Committee of the Board of Health for several years, and, due to his wide experience in hospital work gained primarily as Superintendent of Lane and Stanford Hospitals, he brought to this office a fund of information and advice that has always been found to be invaluable, being directly responsible for the formation of the Advisory Board on Hospital Affairs and the bringing about of the affiliation of the Training Schools for Nurses of the University of California, Stanford and San Francisco Hospitals. In the management of San Francisco Hospital affairs, Doctor Somers at all times has been keenly interested, always being to the forefront in every movement looking towards the improvement, advancement and uplift of the entire hospital service.

DR. WILLIAM C. HASSLER.



EUCLID B. FRICK, M. D. Superintendent, San Francisco Hospital

To the Class of 1924, San Francisco Hospital School of Nursing.

My Dear Young Ladies:

I want to extend my congratulations to the Class of 1924 at having attained the goal for which you have worked so earnestly and conscientiously.

I am sure that, like those in the classes that have preceded you, you are going forth with the theoretical knowledge and practical experience that will enable you to render the highest type of nursing service, and I am sure that your Alma Mater will always have an interest and pride in you and your work, and in turn I trust that you will feel a true affection and loyalty for her.

With hearty good wishes for the happiness and success of each and every one of you, believe me

Sincerely yours,

E. B. FRICK, M. D., Superintendent.



PATIO OF NURSES' HOME

History of San Francisco Hospital



RISSY, in his history of California, states that the Garden of Eden was situated in the southeast corner of Golden Gate Park, but as a result of the most exhaustive research into the "sources" we have clearly proved that he was mistaken and that the aforementioned garden lay on Potrero Avenue and Twenty-second Street in the blocks now occupied

by the San Francisco Hospital.

We are very sorry to disagree with so illustrious an historian as Crissy, but an irresistible impulse impels us to tell the truth. It is not often that such an impulse seizes us—therefore we yield.

Although many changes have taken place since that far-off time, the sun still shines brightly on this spot, even when the clouds hang heavy over the rest of the city. The serpent no longer lies in wait to tempt the Eves who come and go, but the garden is still gay with flowers and forbidden fruit is-but we digress. Let us hie us back to the main track.

It has been proven by the log of the good ship "Elizabeth," on which Sir Francis Drake sailed to our shores, that as he gazed eastward from Mt. Tamalpais, he sighted what we now believe was the tent erected on the roof of Ward S by Dr. Sheehy for the edification of sick students and the mystification of-but again we digress.

There now ensues a blank period. About the time that George Washington was proofreading the Declaration of Independence, we learn that a gallant old Spanish missionary, who was prospecting for a suitable place to start a tea room for Native Sons, visited this delectable region, but Mr. Appel advised him that this was no place for a minister's son.

Thus time passed and the peace of the garden was undisturbed, aye, even until and through the arrival of the "forty-niners" and the seance of 1906, commonly called the "Fire." But this blissful security was disturbed when in the year of our Lord 1921 to this paradise began to pour in the members of the Class of 1924. The first contingents arrived without ostentation. In fact, they seemed rather verdant. But it was soon observed that they were endlessly accomplished and excessively active (witness this our booke). Among them were the unfits, the keep-fits, the misfits and the have-fits. The unfits fell by the wayside. The misfits and the have-fits were made fit. The keep-fits kept fit. So now we are all fit.

Thus endeth the reading of our history.



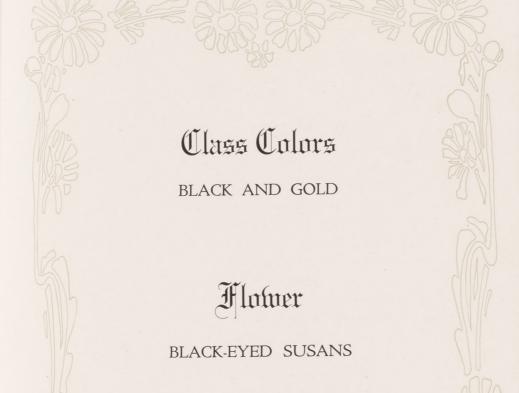
CAROLYN A. KNOWLES, R. N. Assistant Director, School of Nursing



FRANKE CRAYCROFT House Mother

Professional Smile

The world grows brighter year by year Because some nurse in her little sphere Puts on her apron and grins and sings, And keeps on doing the same old things, Taking the temperatures, giving the pills, To remedy mankind's numerous ills; Feeding the baby, answering the bells, Being polite, with a heart that rebels, Longing for home, and all the while Wearing the same old professional smile. Blessing the new-born baby's first breath, Closing the eyelids that are still in death, Taking the blame for the doctor's mistakes-Ah, dear! what a lot of patience it takes! Going off duty at seven o'clock, Tired, discouraged, just ready to drop, But called on night duty at seven-fifteen, With woe in her heart, but it must not be seen. Morning, evening, noon and night, Just doing it over and hoping it's right. When we lay down our caps and cross the bar-O Lord, will you give us just one star To wear in our caps with uniform new In that city above where our Head Nurse is You?



Motto

SPECTEMUR AGENDO (Let Us be Judged by Our Deeds)



GERTRUDE LEGGE President CLASS OFFICERS, 1924

DOROTHY WALKER

Vice-President

ANNA HEFFERNAN Secretary and Treasurer

Senior Class Song

(Sung to the tune of "Rememb'ring")
Alas! the time has come,
Our hearts are grieving,
We must soon be parted,
Forever, maybe,
But when we're far away,
How far no one can say,
Rememb'ring will make us gay.

CHORUS

Rememb'ring the times we've had, pals,
Rememb'ring our vows so true,
Rememb'ring our happy duties,
And not forgetting
The sad ones, too;
Rememb'ring the classes many
And times when ex's came;
Rememb'ring will help a lot, pals,
So try and remember, too.

MABEL E. PORTER.













VERNA MITCHELL ROSE CABRAL MARY BOSCO



Come on Red 1

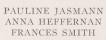


Tonsorial artist"



Our Queen of Sheba













EDNA BALL CEIL LAYCOX MABEL PORTER



" Whose Pretty Baby are you"



an angel to the Starving Internos

























CECELIA KEENAN ETHEL VALENCIA MARY HENRETTY







ETHEL MARTIN ALICE NELSON PEARL MOSER





"Smile and the World Smiles with you"























PAULINE HOWARD

Memories

I love to linger in these halls
And ponder over the bygone years;
As each familiar spot I see,
The smile comes first and then the tears.

Each year seems as a gem to me;
I guard them in my heart so deep
No one may take these gifts so rare,
For they are mine for aye to keep.

And then perhaps when far away,
And thoughts of yore do come to me,
I'll search my heart these gems to find
And the peace they give, sweet memory.



MARY BREWER, Assistant Editor ANNA HEFFERNAN, Literary

GERTRUDE LEGGE, Comedy

ETHEL VALENCIA, Editor MILDRED COLE, Business Manager PAULINE HOWARD, Social

Class Prophecy

The future is a mystery to most people, we know;
But to some strange gifts are given, and with me 'tis even so;
For as I close my eyes and look before me, in a dream
I see the members of my class file past, as on a screen.

First to come is Annabel Bauman, and I can plainly see She's become a superintendent and of great renown is she. Ceil Laycox, next to greet us, a lawyer has become. She'll take the case, and win it, too, of almost anyone.

And now comes Mary Kern, a woman of degree; It was just her natural leadership and personality. Dorothy Walker, Mildred Cole, Roberta Morris, too, Have chosen special nursing, their lives to wander through.

Now Edna Ball comes into sight, a dainty, sweet young wife; For some good man she's surely made a partner true for life. And A. Heffernan, we perceive, has met a similar fate; We hope he's good and kind—and tall—the proper sort of mate.

Cecelia Keenan appears successful in the supervising line, And also Frances Smith has the tricks of trade down fine. Esther Narvaez, professor in Latin and Greek, Has now the position she did always seek.

Mary Henretty and Mary Brewer, too,
Have each ensnared a millionaire—that's what they meant to do.
And E. Valencia, sure enough, has done the same as they;
She's burst into society, and goes both night and day.

Next comes Verna Mitchell, still studiously bent; She's married a professor in the college where she went. Then there's little Engel Boysen, a nurse with kindly mien, The sweetest and most competent that we have ever seen.

For office nursing M. Bosco surely has the knack, A wonder! When it comes to speed, for work she'll never lack. Of Ethel Martin all that I can say Is that she teaches ethics near Naples Bay. Annette Russell, Bertha Moeller and Pauline Howard, too, Have started an insulin hospital, an idea that is quite new. And as for Alice Nelson and Helen Everitt as well, Two army nurses they've become—by their uniforms we tell.

Rose Cabral and Pauline Jasmann made reputations on the stage; Their folks did not approve of this, although they're now the rage; Lois Cook and L. Mullaly are joint owners in a "shoppe"; They'll sell you many useful things if there you chance to stop.

Mary Flynn and Anna Johnson are in business life together; They have discovered a permanent wave for fine and stormy weather. Justine Favero, a quiet little lass, Teaches anatomy to the preliminary class.

And Mildred Peers in a Japan town resides, With her cat, her parrot, and her tea besides; In marriage many men have sought her hand, But she'll be tempted by neither money nor land.

Pearl Moser is a veterinary surgeon now
And can cure a sick cat or even a cow.
Gert Legge, president of a new nursing college,
Is imparting to the wide, wide world her knowledge.

I would have given worlds my future to see, But, alas! I awoke, so I guess it was not to be.

M. E. PORTER, '24.





MARY KERN, President

STUDENT ASSOCIATION OFFICERS ETHEL VALENCIA, Vice-President

MILDRED, J. SCOTT Secretary and Treasurer



STUDENT COUNCIL

Student Government

With apologies to Henry W. Shortboy.

Listen, my children, and you shall hear Of our student body we hold most dear. Some years ago, when Lotta Carmichael was young, She and her staff the work begun.

Then Lillian Thomas the mantle wore Till Marie Dillon the burden bore. Next Mabel Maupin arrived on the scene And put plenty of "pep" in the old machine.

She, Mrs. Yocum and Hazel Pinard Did good teamwork like a grand old guard; If you'd proof of this, come look at their trail, Which we're trying to follow by express mail.

Along came Barbara Soutter demure And led the group both straight and sure, Till Mary Kern and her staff so gay Came blithely forward to have their way.

Both Ethel Valencia and Marian Scott Have stood by their guns, nor wavered a jot; They have had a Council both wise and strong, And a loyal Director to cheer them along, A Director who always understands And likes to see each one using her hands.

We "run" ourselves and we manage our home; We pull back to the fold the sheep who roam; Our proctors arise at six o'clock And rush down the halls on our doors to knock.

And ever after their rooms are trim We've learned a method to inculcate vim Into any student who fails to uphold The standards we've set and will guard like gold.

We feel quite proud of our fine bazaar, Which was well attended from near and far; Four hundred dollars we netted clear, And purchased capes our bodies to cheer.

Now if you'll come to our home so gay, You'll see them all in grand array, As we pass down the halls with our heads held high, Conscious that we look as neat as "pie."

Many are the tales we could tell you, dear, Of our exploits—but time's up, I fear.

MARY KERN.



GRADUATE NURSES

Retrospect



HE student nurse at the San Francisco Hospital occupies in many respects a unique position. Her advantages as well as her responsibilities are many. She is peculiarly blessed in the opportunity for self-development concomitant with service to others.

Let us consider, first, the benefits conferred by the institution on the student. Education may be defined as growing or progress. This embraces three divisions—the progress through right living to health, through knowledge to truth, and through the wise use of one's powers to character. Physical development is well taken care of through a good balance between physical and mental tasks, rest, sleep and recreation.

Plenty of good class instruction by trained teachers and professors from the University of California and Stanford Medical Schools, as well as clinical studies in the wards, gives a well-rounded, broad education in the science and practice of nursing.

The chiefs of each service are eminent scientists, and the student has the opportunity of availing herself of a comparative study of the two schools.

We know of no education so conducive to the development of a fine character as nursing. The opportunity for unselfish service and the constant practice of it here results in unusually fine women. It requires a fine type of intelligence to be a good nurse, intelligence supplemented by training. The director of nurses at the San Francisco Hospital and her able coadjutors are fired with the finest ideals of education. It is needless to say that in their hands whatever endowment the individual may possess is moulded to the most exalted standards.

THE GRADUATES.



Nurses' Home



HE Nurses' Home, a three-story brick structure, adjoining the San Francisco Hospital, provides a most fitting home for the student nurses. By its "sturdiness" of structure, it is a fine symbol of the type of womanhood this school attracts.

The first floor is devoted to the social activities of the nurses. Here they can entertain their friends at luncheons, parties and informal dances.

A large lobby arranged along effective lines, but with simplicity the foremost feature, occupies the center of the main floor. It is on this floor that the students meet for classes, and rooms have been provided for the Instructress' office, the House Mother's apartments, as well as the reception room, each playing its individual part in the life of the student nurse.

Across the hall from the class room is the "Home" kitchen, where those who are off duty may indulge in the domestic joys of cooking. Many are the happy dinner parties held there.

The two upper floors are given over to sleeping rooms.



1925 CLASS OFFICERS President, MRS. ELNA BENSON Vice-President, MISS BESSIE GROFF Secretary and Treasurer, MISS ELIZABETH PONTA

1925 Secrets

Elizabeth Sloss, a bashful maid from the Orient, thinks that all automobiles come from China because they go Honk, Honk.

Roberta Elder has recently been imported from that Parisian city known as

Sacramento to add atmosphere to the '25 class.

Eunice Hencratt spends most of her time riding on guerneys from the Nurses' Home to Ward S or Isolation. Don't you think a change of scenery is advisable.

Lillian Van Lew with all her simplicity addressed the inmates of the Psycopathic Ward on the well-known subject, "If an anthropomorphic tatterdermalian whose hirsute facial adornment and cranial capillary growth were not respectively abridged and removed, would it interfere with the osculating of a lackadaisical specimen of femininity?"

It is said that Mildred Butler has decided to abandon the nursing profession to become an artist's model and contortionist, since her roommate, the Journal Editor, has been studying art.

Our modern Muse Euterpe, alias Elsie Rickerts, is contemplating having her voice irrigated (when she is earning six dollars per day).

Since commuting from Sacramento is very strenuous, Josephine Lascary has decided to spend the winter months at the Nurses' Home of the San Francisco Hospital.

Much excitement was the result of Miss Lane's engagement. Nellie Toohey has accepted (?) the position as next supervisor of Ward O.

This is a dark secret. Josephine Virgilio was awarded the first prize at the Atlanta Beauty Contest as a living facsimile of Venus de Milo.

Marie Johnson has proven to be a very skillful, conscientious carriage nurse. This experience will never be regretted when it comes to pushing a go-cart around.

MILDRED MONTAGUE BUTLER.



1926 CLASS OFFICERS President, MISS GERTRUDE SCHEYER Vice-President, MISS EILEEN BARRON Secretary and Treasurer, MISS VIVIAN LESTER

1926 Class

Ye following script was delivered to us on December 23, 1923:

"All ye Probationers report to Mistress Urch's office."

"Great horrors! what doth it mean?" "Couldst we have sinned?" "Methinkst this is dreadful." "Ah! perchance we should prepare ourselves for ye unknown event."

"Hath thou a hair net without holes?" "Ye gods! who hath clean cuffs?" "Tis a wonder—this rouge looketh natural." "Prithee, thinkst thou that this safety pin taketh the place of a collar button?"

"Let us be gone."

Mistress Urch, with an enchanting voice and radiant smile, greeted us in front of her office. All our queer sensations disappeared into space like ye radio messages.

Our beloved superintendent escorted us into Dr. Frick's office. Here we were donned with white caps.

'Tis with gaiety in our hearts that we leave ye probation days to enter into the higher aspects of nursing. 'Tis most unfortunate that we are bound to work eight hours. Truly, we feel that our Probe training hath added many depressions into our brain. Dr. Emery, our lecturer in Bacteriology, will swear that ye aforesaid statement

be true.

ed

to

ce

With ye spirit of love and sacrifice we have vowed to give our most worthy services for ye good of humanity to promote health and happiness and to lessen suffering.



Advice to New Probies

Probies—yes, probies—in your infancy let us render you aid, both mentally and physically, and, greatest of all, morally.

Let not your heart be troubled and your tongue loose over the Supervisors—they are merely making rounds to inspire the patients.

Don't be backward in your young days. Make it a point to discuss all important topics with the internes, for your own enlightenment, and sociability is foremost in etiquette.

Innocubus? probies study late and study early—dispense with all sleeping hours and adhere strictly to all rules concerning the burning of candles after ten-thirty in some dark crevice where the mice are playing hide-and-seek over your Dietetics—yea—over your Nursing Demonstrations, otherwise your efficiency column will be upside down.

Look neither to the right nor to the left, while walking down the corridor, for the thoroughfare is infected with medical students.

Make well thy bed for 'tis a wise probie that knows her own bed after it has been made.

THE SUPERVISOR'LL GET YOU IF YOU DON'T WATCH OUT

A lot of little probies came to our nurses' home today,
To order up the wards and to put other things away,
To rise in all humility, to greet head nurses meek,
And never make a bit of noise, nor to the internes speak,
To get wise to all the little rules that make us nurses good,
To never dare complain about the quality of food,
But when there's mischief brewing without a single doubt,
They whisper in the corridors, "And the supervisor'll get you,

you don't watch out."



Our Social Diary

MOTTO: Mirth is our medicine.

The social life of the Nurses' Home has been one of great activity and merry-making. We owe much of this to good music, artistic decorations and, above all, good "eats."

SEPTEMBER 7, 1923.

The Board of Health members gave a Farewell Dance in honor of Miss Evelyn Wood, our former Superintendent of Nurses. The dance was a success, but we all felt a bit sentimental in losing Miss Wood.

A "wienie roast" at China Beach, given by Miss Carolyn Knowles, Assistant Superintendent of Nurses, was one long looked forward to by all. No one counted the number of wienies consumed, but secretly speaking, I'll bet several hundred disappeared. We all discovered that watermelon didn't have to be eaten with forks, nor coffee percolated. Music was supplied by Miss Morris and her trusty "uke," with the aid of several dozen husky voices.

August, 1923.

A reception and dance was given in honor of our present Superintendent of Nurses, Miss D. Dean Urch. The social hall was artistically decorated with evergreens and French marigolds. Chinese lanterns added to the color. The reception committee played an active part in seeing that everyone met Miss Urch and had a good time.

Another successful party this month was the "Bug Party" given by Mrs. Fannie Bowker. Each guest represented a "catching disease," and we marvel that there were no cross infections reported. The tracheotomy tube worn by Dr. Leonard caused her so much distress that Dr. "Rolly" Burlingame ordered a continuous inhalation. Mrs. Bowker was found to be suffering from an acute case of scarlet fever. Routine care was ordered immediately.

The aches and pains all disappeared with the arrival of home-made cakes, candy and ice cream. Good eats sure work wonders with a fellow's constitution.

SEPTEMBER, 1923.

We welcomed the new students from Sacramento with a "Hard Times Dance." This was a strictly feminine affair. Many of the costumes were called original and no one has ever disputed the statement. A program was given by some of our talented members. The "eats" were good, only there wasn't enough of them.

Another important affair taking place this month was the initiating of our dearly beloved probies. They were fed bread and milk, refreshments being served before the reception, to give the poor dears strength. Their aprons were put on in weird shapes and fashions, and dabs of mercurochrome applied to their cheeks to relieve their pallid look. Volunteers, being the mighty seniors, took them through the hospital via the many turns and tunnels. They were finally deserted in a dark, underground tunnel, to find their way back. Needless to say, they all came back, vowing to get "even."

OCTOBER, 1923.

The annual "Hallowe'en Dance" was given by the Class of 1925. The decorations were very pretty, the color scheme being orange and black. Fierce looking goblins lurked in every corner, while "Old Mother Goose" watched from behind the piano. The costumes were fascinating, ranging from the weirdest looking ghosts to the daintiest of pierrettes. The elimination dance was won by Miss Ethel Valencia and her gentleman partner. A good time was had by all.

NOVEMBER, 1923.

Miss Lila Mahon was the charming hostess at a Pre-Bazaar Tea, given in the Nurses' Home. It was a huge success, both socially and financially. It is whispered that Mabel Porter took the \$50,000 and bought raisins for mincemeat.

Many dinners were given this month. The folks "at home" realize that the Thanksgiving spirit causes an increase in appetite, which accounts for the many mysterious boxes of good eats that arrived.

At one of these dinners, Dr. Aileen Leonard, one of the best little docs that ever doctored, was guest of honor. Mabel Porter and several of her assistants were responsible for the wonderful spread.

DECEMBER, 1923.

This month of surprise and merrymaking was ushered in by our second annual Xmas Bazaar. It was voted a big success, financially and socially—thanks to our wonderful chairman, Mildred Cole. Or perhaps it was Mabel Porter's mincemeat and fruit cake. We all found out that the way to an interne's pocketbook was through his stomach.

And from this donation We sought consolation, But bought our new capes instead, And now we are wearing the gray and red.

The Christmas Tree Party was the height of joy, when it was whispered that Santa Claus was to visit us and bring a present for everyone. Dr. Lennon made an adorable Santa Claus. Miss Urch promised to serve tea from her new tea set. Miss Knowles was given an incense burner and advised to carry it with her, to prevent her from saying: "My! it is close in here. Why not burn some pastels?" Mildred Butler was advised to set her new alarm clock and not appear late at roll-call. Dr. Marston soon learned to load and reload his new water-pistol, much to the dismay of those with non-waterproof curls.

JANUARY, 1924.

Our Baby Sisters were given their customary bread and milk supper and were initiated as good old probes. Each little probie spoke a nursery rhyme before she took the journey through the hospital. As the little lambs returned, they were individually ducked a la Saturday night.

The internes finally gave their dance. It was one long looked forward to, and one that was many times postponed. The boys appeared in good spirit(?) and made most enjoyable hosts. Dr. Fraser was operatically inclined and rendered "Rememb'ring" and other songs.

FEBRUARY, 1924.

A Valentine Dance was given by the Class of 1926. The hall was cleverly decorated with red hearts and evergreens. There were costumes varying from George Washington's day to the heart-breaking cupid of today. This being leap year, the ladies claimed their rights and many a bashful swain was led out to dance a fox-trot, only to be tagged by some lonesome maid.

TO BE OR NOT TO BE? THAT'S THE QUESTION

With apologies to Willie Shakespeare and his friends

To be or not to be?

Whether it is better to be a nurse and move beds up and down the ward

Or be a piano mover and not work quite so hard?

To be or not to be?

Whether it is better to get out the special diets in all their grand array

Or be a waitress in some downtown Market Street cafe?

To be or not to be?

Whether it is better to cut up gauze in little squares and bits Or be a dressmaker and make a better job of it?

To be or not to be?

Whether it is better to be a nurse and make 35 beds each day Or go into some endurance test and see how long you can stay?

To be or not to be?

Whether it is better to enter a hospital for two years, four months and maybe(?) a day,

Or to enter a convent and spend the rest of your life anyway?

To be or not to be?

Whether it is better to struggle and strive through to graduation day,

Or give up and be an angel, as you'll wear white anyway?

MILDRED PEERS.

A Nurse's Philosophy

- 1. Begin the morning by saying to thyself, I shall make all the beds in the ward alone. Every moment I shall think steadily, as a nurse to a nurse, that at the end of three very delightful, entertaining, educating years, I can have the extreme pleasure of watching someone else turn "square corners."
- 2. I shall dust the top of the desk with a will (making sure the will isn't a surgical towel). And also remember how long I have been intending to do it. Do no wrong to thyself!
- 3. Everyone's life is sufficient, but thine will be nearly finished, if the beds haven't been washed every week.
- 4. This, thou must bear in mind—there is always some pesky interne who tries to hinder one from doing and saying the things thou wish to do and say, but do they always succeed?

I'll say they don't.

Any criticism to make? Well, what's wrong? Write to Editor, Box 000, Catgut.

ROBERTA K. MORRIS.

The Ten Commandments of the Hospital

- 1. I am thy Supervisor. Ye Gods! thou shalt not let me hear what thou hath said against me.
- 2. Thou shalt not take thy Senior's name in vain.
- 3. Remember thou dost not take the Holy Sabbath off.
- 4. Honor thy chiefs and graduates that it may be well with thee and thou mayest get a good standing.
- 5. Thou shalt not kill time on the Wards.
- 6. Thou shalt not entertain the internes nor cook their breakfast while on duty.
- 7. Thou shalt not bear false witness against the food.
- 8. Thou shalt not use thy pass key on the door of the Nurses' Home.
- 9. Thou shalt not covet thy neighbor's boy friends nor thy neighbor's dates.
- 10. Thou shalt not covet thy neighbor's cosmetics, nor thy neighbor's hair nets, nor her pins, nor her books, nor her paper, nor anything that is thy neighbor's, lest thy good name suffer.

Pocket Dictionary

Printed in forty different languages. On sale at all newsstands.

Indifference The attitude of some of our Senior Nurses towards their sister probes.

Ugly Term used to express the general feeling of all student nurses towards the Isolation Ford Ambulance.

The things which are not in our will and power Giving each senior nurse a key to the front door.

Disposition { Something some of us should put in the exchange box.

A man's intelligent A good cigar is a smoke.

Self-restraint Something you just somehow manage to practice after being "bawled out."

Beautiful The American language as she is spoke at Ellis Island.

Comprehension \(\) The dawn of a thought you are trying to put over to a deaf patient.

Rational { The opposite to the atmosphere of the Psychiatric Ward.

Meditations

With apologies to Marcus Aurelius

- 1. From my grandfather Neptune, I learned where to spend at least one hour every Saturday night.
- 2. From the reputation and remembrance of my father, how to avoid stepping on the cat and squeaky boards at 3 P. G. after a strenuous night with an out-of-town customer.
- 3. From my mother, aha! the power of observation to enable one to read between the lines of frequent letters, asking for more spending money.
- 4. From my great-grandfather, not to have frequented public schools, to have "good" teachers. And to know that on "good ones" a man should spend liberally.
- 5. From my governor, to be neither green nor blue after the games of football. And not to suck lemons when winded.
- 6. From Oscar Wilde, I received the impression that my character required improvement, so that I took the \$50,000 and took a course in Chiropody.
- 7. From Confucius, I learned self-government of speech. He hit me first. He had also the art of being humorous in a rough way.
- 8. To the Gods, I am indebted, if you people have read this through.

Alumnae Association

Just twenty years have passed since the establishment of the Alumnæ Association of the San Francisco Hospital Training School for Nurses.

We are all proud of our organization and of the progress made during this period and honor the founders for their interest in the advancement of good fellowship and mutual helpfulness that has illuminated the trail.

The work of the Alumnæ has gone forward with great energy; there have been hearty co-operation and active interest by the members, all of which has resulted in understanding and unity of purpose. Possibilities of our Association have been seen and much has been accomplished through the good work of those who have faithfully served their Alumnæ in the past. This work must be carried on, at this time, with still more enthusiasm, in order to advance many plans that have been formulated.

A membership campaign has just been launched and we aim to make our organization a bigger and broader one than ever before. To accomplish this, the combined interest of all our members, as well as all graduates of our Hospital Training School, both past and future, is essential.

We desire to keep in closer contact with the Student Body of the Training School, to cultivate a new get-together, pull-together spirit, and to co-operate in building up the organization that has such a vital relationship to the whole plan of the Alumnæ.

We take this opportunity to extend an invitation to each graduate of the Class of '24 to join us as soon as she completes her State Board examination—let us make this, and future class enrollments, 100 per cent.

CLARA B. TYLER, President.





Athletics

Arrangements were recently made to add a physical culture period to the curriculum of this school, with Miss Frances Baker as instructor.

By participation in outdoor sports, much enthusiasm is created. Work mixed with play makes work easier.

The members of the Junior and Preliminary Classes are subject to this course for one hour every week. After a series of strenuous setting-up exercises under the guidance of the Gymnasium Instructress, they have become sufficiently warmed up to play a vigorous game of basketball. The splendid physique and go-get-'em spirit of this team promise an interesting future. They have been challenged by a few of the girls' teams of the city and have smilingly met with defeat, but with steady practice they hope to bring home the honors.

The Y. W. C. A. tank has afforded us many an enjoyable swim and when our "gang" plunges into the tank there isn't room for anyone else. There is much competition, as the majority who participate are excellent swimmers and beautiful divers. If there is one caught "flopping" a dive, she is ducked and mistreated shamefully, but her punishment is taken in good spirit. The only objectionable feature to our sport is playing life-saver to the inexperienced ones who wander into deep water.

After an invigorating few hours of swimming, we have an intense feeling of emptiness along our gastric margins and unanimously we agree to a "feed."

Our strong point in athletics was in our ability to wield a masterful racket. At the beginning of this year much interest was turned toward tennis, but we were not wise enough at that time to organize a team. Gradually all the enthusiasm began to wane until now only a few occasionally tackle a game; but since Dr. Dawson has forgotten to present us with tennis balls, those few haven't been able to play so well.

Our hiking togs have been recovered from the dust which has accumulated through months of idleness, and we have tramped merrily to the many spots of beauty in and around San Francisco. Our many hikes to Visitacion Valley, to the Spring Valley Lakes and to Twin Peaks have exhilarated us plentifully. When our time allows, we prepare a large lunch and hike to Muir Woods and to other parts of beautiful Marin County. The calm and peacefulness of these surroundings assure us rest of mind and body, and the contrast of this beauty and our own hurried existence is remarkable.

Voice of the western wind,
Thou singest from afar,
Rich with the music of a land
Where all my memories are.
But in thy song I only hear
The echo of a tone
That fell so sweetly on my ear
In days forever flown.

Star of the western sky,
Thou beamest from afar
As if our fate you already knew
And had it hitched to the farthest star.
Though we be happy in the coming years
When our ability and initiative are shown,
We shall not forget the happier times
Of days forever flown.

CECELIA KEENAN.





Intelligence Test

Following the plan of other prominent institutions of learning, the Nurses' Training School will in the future give intelligence tests for those desiring to enter. Below is a sample set of questions:

- 1. How many cylinders has a Packard single six?
- 2. What well-known citrus fruit is used in making lemonade?
- 3. What vegetable is used in making canned spinach?
- 4. Why is the food so good? (Answer yes or no.)
- 5. Are carnations used in making Carnation Milk?
- 6. Was anyone ever knocked down by a foot soak?
- 7. Name all the instruments used in surgery.
- 8. Name all those not used.
- 9. Tell what if anything is wrong with the following statements:
 - (a) The editors of the Bulletin and Daily News are honest gentlemen.
 - (b) "Good morning," said Dr. Frick, as he stopped in the hallway and lighted the interne's cigarette.
 - (c) Johnny Walker is a soft drink sold at all soda fountains. (Note: There's nothing wrong with this statement, but try to get it!)
- 10. What salary is attached to a Trendelenburg position?
- 11. What sort of operations are performed on a Mah Jongg table? Do they play Hawley on a Hawley table?
- 12. Do they vulcanize lumbar punctures?

Extracted from an Interne

A fire sale is to be held shortly by Doctors Randolph and Jostad to raise funds in order to pay for repairs on their room, recently the scene of a serious conflagration. A small portion of the proceeds will be devoted to buying a bustle for Dr. Smith, to prevent further distressing accidents.

Dr. Burrell has announced his intention of helping Drs. Lennon and Emery clean up their room so that a formal celebration can be held there on U. C. Graduation Day. Dr. Fraser has kindly consented to sing.

It is given out on good authority that Dr. Cutter has remained in several nights during the last year, all rumors to the contrary notwithstanding.

'Twas a dark and stormy night. The low moan of the wind howled about the dimly lit corridors. It was almost 2 A. M. and an interne was noiselessly stumbling along the marble floor—returning from a W. C. T. U. meeting. As he passed room No., weird sounds startled him. He stopped, listened. From within came a noise like an engine letting off steam—which changed in an instant to a hair-raising gurgle somewhat akin to the death rattle. He stood transfixed. The strange sounds continued, and, as if impelled by some unseen force, the interne grasped the knob of the door, turned it and looked in. In the red glow of a carmine-shaded lamp a white figure stood, atomizer in hand—with each squeeze of the bulb strange sounds came forth. It was Dr. Traver performing his nightly inhalations.

Dr. Marston's pride, our radio, a gift from the Resident Staff to the Hospital in general, is to be raffled off before another Resident Staff arrives and believes it part of the hospital equipment. The toaster, which has proved to be the savior of many a saddened Epicurean, is the gift of the same to the same, and is also to be raffled.

CLAUDE E. EMERY.

On the night of April first the following musical program was rendered in the new psychopathic ward:





A FEW MEMBERS OF OUR STAFF

Heard About the Hospital

Miss Urch: "I think that will be nice."
Miss Lane: "I'm so mad I can't talk."

DR. ELOESSER (to Mabel Porter): "That's my good little girl."

Miss Ferguson: "What's that?"

DR. FRASER: "I've been engaged for two years, and I'm to be married in June. Oh, I'm so happy!"

MISS VALENCIA: "I guess I'll go and do some work on the Journal."

Dr. Wolfsohn: "Your intelligence wouldn't knock me over."
Miss Butler: "Was that call from my girl or boy friend?"

Miss Mullaly: "That's the kind of a hairpin I am."

Miss Cook: "Wish I had time to get a marcel."

DR. LUNDSFORD: "Good morning. Haven't they gotten you up yet?"

Miss Mahon: "Hurry now, get me a ——"

Miss Jeffery: "What! Does she have every other day off? She just had Friday off."

Dr. Marston: "Hello! operator—give me Valencia!"

Dr. Murphy: "Got a match?"

Dr. Wiel: "What is the temperature of this room?"



BOOKS AND THEIR AUTHORS

Rustle of Spring.—Dr. Day. Cinderella.—Student Nurses.

Divine Comedy.—Dr. Murphy.

The Tempest.—Dr. Sooy (in Surgery).

Survival of the Fittest.—Miss Knowles.

When I Was King.—Dr. Sheehy.

The Flying Dutchman.—Dr. Vechi.

Life.—Dr. Fraser.

Comedy of Errors.—Jimmie Nurse in O. R.

The Man Who Played God.—Dr. Emery.

All's Well That Ends Well.—Senior Class.

Kpo Manual.—Miss Lane.

Staccatissimo



BEFORE

I knew you would bring the wrong one. Ilxx? Take it away—at last. Come on, get the head of the guerney. I didn't say there; don't you know the head from the foot? All right, take it in the room now. No! no!—turn it around—Well!! Look out for that sterile tray—there goes the bucket. What did I tell you? No, I didn't say up there—not so far.

"Where's the ether table? That's not the ether table—that's the oxygen tank. Take it away.

"All right, Doctor, the patient is ready, and you, young lady, run along to the recovery room till the operation is over, and then I'll try to show you how to clean up an operating room.

"Oh, dear!"

"Put the patient on a Mayo tablenot that way—turn her around. I knew it. Where's the strap? Keep quiet! Don't talk while the patient's going under. Hurry! The stirrups - they're waiting. Put them in. Be careful, be careful. Not so much noise. Where's the ether mask? Turn it around. I told you not to put Number 8 gloves on a scrub tray. Where's the bucket? Stupid! This patient should be on a divided mattress. Oh, my!??? That shield doesn't belong on this table. You know better than that. Hurry, run down the corridor to the East Amphitheatre and you'll find it in the anæsthetic room behind the door, in the third cupboard underneath the straps. O-o-o-o!



AFTER

A Modern Nursery Rhyme

Baby bye, Here's a fly! Let us kill him, you and I, Ere he crawls Up the walls, And dire ill befalls. I believe on those six legs Are half a billion typhoid eggs! There he goes, on his toes, Tickling baby's nose! Now we must run right away, For the antiseptic spray, To sterilize. Where the fly is, Little microbes stray! Only think, 'neath his two wings Lurk all sorts of hard-named things! Every fly A fresh supply Of this horror brings! So we have to analyze, Neutralize and immunize, Vaporize, Sterilize, Just to fight the flies.

I. T. S.



FIRST GRADUATING CLASS, 1893



HE San Francisco Hospital School of Nursing was begun in 1891. J. E. Lemon, a professor of botany, and his wife, a philanthropic-spirited woman, became interested in this hospital. They met Miss Ida Forsyth, a graduate nurse from Blockley, and Dr. J. H. Healy, the superintendent of the old City and County Hospital. They conceived the idea of

starting a school of nursing here, and sent for Miss Elsie K. Mohl, also a graduate from Blockley.

Miss Forsyth, with Miss Mohl as assistant, came into the old wooden building. This building had been built for twenty years' service, and the twenty years had long since passed. It was a pavilion style building of two stories, with stairs leading from one floor to another, and only two or three elevators, which were operated by hand. The equipment was inadequate. The food was fairly cooked, but badly served. The nursing was crudely done. Medicines were put on the bedside tables and the patients took them or not, according to their pleasure and ability to do so. The unconscious patients were robbed and neglected.

There were four pupils in the first class, and they blithely took over four wards of thirty-four beds each. The old staff were kept on for night duty, and the new staff covered the day, one nurse to a ward. The probationers were taught one by one at the bedside. The medicines were removed from the table, medicine lists were made out and the medicines given by the nurse amidst the protests of patients, many of whom objected to taking medicines, fearing they would be cured and thus forced to leave their attractive surroundings. The students went on duty at 6 A. M. and came off at 6 P. M., if their work was done. If one of the four students became ill, it necessitated one of her classmates taking care of two wards until she recovered.

One wonders how a single nurse could care for from seventy to eighty patients; but if she was a good diplomat and had executive ability, she succeeded in getting convalescent patients to sweep floors, serve meals, wash dishes and help with the nursing. The wards were put in order, medicines and temperatures taken by 8 A. M., when the chiefs made rounds.

As new students came in, more wards were taken over, until gradually the thirteen forty-bed wards were administered through the school. Senior students now taught the new recruits. Of the thirty students who entered during that first year, only six graduated at the end of the two-year course. Truly it was a case of the survival of the fittest.

About the same number (thirty) came in the next year, but only one graduated. In these early days, the nurses lived in small rooms adjoining the wards. The day nurse and night nurse occupied the same beds. Later, a flat over the kitchen and dog kennels was fitted up for a nurses' home; still later, a nurses' home was built to accommodate thirty-six nurses. The first class were assessed \$10 apiece for commencement expenses. A tennis court and croquet ground were also financed by the students. Throughout the history of the institution, the grounds have been beautifully kept.

The following extract from the 1902 yearly report of the Superintendent of Nurses shows the tendency at that time:

"It would be a stimulus to the school and a benefit to education along the lines of nursing if a scholarship were founded to give the graduating nurse of this school, best adapted to institutional work, a course in hospital economics at the Teachers' College of Columbia University. Five hundred dollars (\$500) per annum would be required and it is earnestly hoped some friend of the Training School will favorably consider founding this scholarship."

When, during the bubonic plague epidemic in 1907, the old buildings were burned, the Training School and patients moved to the Infirmary at the Relief Home. That in turn was burned, and they moved to the stables of the abandoned Ingleside race tracks. Later they moved back to the Relief Home, and finally to the present buildings.

M. ADELAIDE WATERMAN.





FRANK SHEEHY, M. D.

We were reluctant to bid you good-bye when your term expired as Resident Physician in July, 1923. Such a sympathetic, brotherly and instructive personality could never be duplicated, and we feel honored to have you back again on our Visiting Staff. Our best wishes, Dr. Sheehy, and may we hear of your many accomplishments as you progress.

Friend, confidante and pal, we, the students of the San Francisco Hospital, join in voicing our appreciation of your services as our Medical Adviser. It is difficult for us to truly express our sincere love and deep admiration for your unselfishness, and we hope your practice will never necessitate your resigning your position as Medical Director of this school.



EILEEN LEONARD, M. D.



GEORGE DAWSON, M. D.

Since your inauguration to office as Resident Physician in July, 1923, you have won for yourself many admirers among the Nursing Staff. Your kind assistance during periods of distress, and your utmost consideration have been very encouraging to us. With sincere respect do we wish you much success in the future.

Senior Play

As a finale to our years of training, we, the Senior Class, decided to produce a play in order that our undiscovered talent might be known, and our depleted funds replenished. Volunteers readily answered the call and arrangements were speedily made to cast two plays, "Just Fourteen" and "Too Much Bobby."

The cast of "Just Fourteen" included:

Place: The dining room of a fashionable home. One of the most influential guests has declined his invitation and the guests are reduced to thirteen. Superstition rules throughout, and much furor is aroused. After much excitement the Prince of Wales unexpectedly arrives, and Mrs. Pringle is jubilant.

"Too Much Bobby" cast included:

Miss Kent, a strict maiden aunt	MILDRED COLE
Rita, a niece	MARY BREWER
Alice, another niece	Annette Russell
Nancy, chum of the nieces	ESTHER NARVAEZ
Mrs. Griffin, a kindly aunt	MARY KERN
Sophie, the maid	GERTRUDE LEGGE

Rita and Alice have lost their pet dog. They have advertised and are constantly talking of Bobby. Bobby Bassett, a neighbor boy, has disappeared. Rita is sent to her music lesson and when she does not return, Miss Kent thinks Rita and Bobby Bassett have eloped. Mrs. Griffin arrives during the confusion, and Rita's dog, Bobby, is presented to her by Nancy. There is a happy climax culminating in the nieces leaving Miss Kent and living with Mrs. Griffin.

The plays proved an immense success, and we are deeply appreciative of the splendid co-operation we received from everyone.

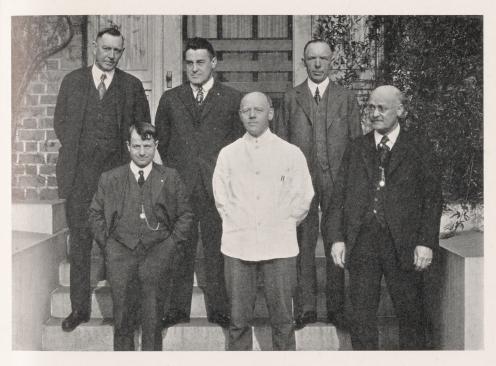




Christmas Carolers

It was 4 A. M. when into the darkened wards the Christmas carolers came. With their fresh, eager faces, the stiffly starched uniforms partially concealed by the attractive red-lined capes thrown back over their shoulders, they presented a pretty picture. Each bore in her hand a lighted torch, which accentuated and at the same time softened the beauty of the scene. They circled the Christmas trees which graced each ward. As the strains of "Silent Night" floated down the wards, there was scarcely a dry eye. Christmas would not be Christmas without the singing of the carols.





SOME DEPARTMENT HEADS

The San Francisco Hospital, under the control of the Board of Health, comprises three distinct units: The General, Tuberculosis and Isolation Hospitals, each in turn managed through its Assistant Superintendent and responsible to the Superintendent of the Hospital.

The hospital organization is subdivided into sixteen departments, viz.:

Administration Education of Nurses

Medical Commissary

Pharmacy Laundry
Dental Housekeeping
Operations Culinary

X-Ray Power Plant
Social Service Maintenance of Grounds
Record Maintenance of Buildings

Each department is under direct supervision of its department head, who is responsible to the Superintendent as to the proper functioning of his respective department.

G. J. PLATO.



Pediatric Department

Thas been said that San Francisco houses her destitute sick in palaces. A visit to our children's ward may well confirm such a conviction. Yet no one could begrudge it after seeing the bright, happy faces there. The sunny, airy ward, well-equipped class room, beautiful veranda enclosed in glass and attractive playground are all important factors in the well-being of the little patients. For the benefit of those who are able to pursue their studies a full-time instructor is supplied by the Board of Education.

In conjunction with the children's service is the new Stanford Convalescent Home in Palo Alto, where many of the children are sent to convalesce. Post graduate and affiliated students as well as our own are given the benefit of the excellent experience offered here.





Isolation Department

No nurse's education is complete until she has had a good course in Communicable Diseases. Thus our Isolation Hospital, to which all types of cases suffering from communicable diseases are admitted, is an indispensable asset to the School of Nursing. We have here unusual opportunities for clinical study. The correlation of class and bedside teaching as carried out by the instructor gives a well-rounded grasp of the subject.

The students, through the ambulance service, have an opportunity to study the home conditions as well as the hospital aspect. The hospital building is modern and equipped for the scientific care of the patients. The strictest medical technique is observed. A special advanced course for affiliated and post-graduate students is given.





Prenatal Clinic

LL obstetrical patients in the San Francisco Hospital enjoy the advantages of both prenatal and post-natal instruction. Our Prenatal Clinic was instituted in January, 1921, through the efforts of Dr. Armstrong Taylor, who at that time was on the staff here.

From the first it was very popular. Although only two patients came to the first clinic, by the end of three months there were thirty-five to forty present. Now over two thousand women have enrolled with us. As a result the number of abnormal deliveries has decreased to an astonishing degree.





Obstetrical Department

ARD P is the special pride of the San Francisco Hospital. Its general architecture is the same as that of the other wards, but being the uppermost ward of the wing, it receives more sunshine and thus is brighter.

Like all maternity wards, it is happy with the presence of healthy newborn babies. Mrs. Jeannette Russell is the mother *par excellence*, and keeps a happy atmosphere, which makes it a joy for the student to go to the maternity ward.

During the last year five hundred and eighty-four blessings arrived in this world via the Ward P express.





Medical and Surgical Wards

The medical department of the San Francisco Hospital is composed chiefly of four wards, two for women and two for men, each having thirty beds.

Two central laboratories in addition to the Board of Health laboratory are under the charge of trained technicians. It is here that bacteriological and complicated laboratory tests are carried out.

There is a thoroughly equipped room for basal metabolism estimations. The San Francisco Hospital is also fortunate in having a modern and efficient X-Ray Department, where pictures are taken, direct viewing is available and intensive X-ray therapy may be carried out.

The surgical wards, five in number, are laid out the same as the medical wards described above.

There are weekly surgical and medical clinics held for visiting surgeons and students in the amphitheaters of the main surgery. These clinics are held by the visiting staff, who, in spite of the demands of private practice and work at the universities, each devote to the San Francisco Hospital patients from three to four hours daily.

The Surgical and Medical Staff of the San Francisco Hospital are appointed from the faculties of the Universities of California and Stanford Medical Schools.

During the last year 7,763 patients were treated in the San Francisco Hospital.

Medical	1,254
Surgical	2.339
Gynecological	712
Urological	306
Obstetrical	705
Ear, Eye, Nose and Throat.	1,322
Infectious diseases	504
Tuberculosis	(01

The average days' stay per patient was 26.443 days.



Ward S

When a nurse gets sick and falls by the way,
It's up to Ward "S" that she goes.
She is cared for and nursed by Miss Hogan and staff
And is better before she knows.
We refuse to go up there, we lose so much time;
We arrive down-hearted and sad,
But we see Dr. Leonard so cheerful and kind,
Before we know it we're glad.
It's hard to be idle with so much to do,

But sickness may come to each one. We go to Ward "S" and we stay there awhile; We're sick, but we have lots of fun.



Solaria

HE ancient Greeks knew the value of heliotherapy in the care of the sick. We are very fortunate in having not only light and sunny wards, but also a solarium in connection with each one of these wards. Here the convalescent patients may sit and bask in the sunshine; thus the hours of recuperation pass more quickly. This solarium is in the Municipal Ward, in which all city and county employees and municipal accident cases are nursed back to health.





Tuberculosis Roof Garden

VERYONE loves a beautiful view, but none more than the sick. Have you ever seen Twin Peaks from the roof garden on the fourth floor of the Tuberculosis Department? An elevator brings the patients to the roof garden, where there are plenty of books, as well as congenial work in the occupation therapeutic department. Here in the sunshine and fresh air they spend many pleasant, profitable hours, while they fight the great battle for health.





LILAH MAHON, R. N. Supervisor of Surgery

Surgery

UR surgical department is a testimonial of the far-sightedness of its designers. It consists of thirty-two rooms. Its position and design conform to two requisites or a well-built surgery, viz.: it is accessible to the surgical wards, and its component parts are in convenient relation to each other.

There are two main operating rooms of the amphitheatre type, each with a seating capacity of fifty. Here the surgical clinics are held for visiting surgeons, staff and students. With its deep pit and steeply inclined tiers of seats, the operating field is clearly visible from all parts of the amphitheatre. There are two smaller operating rooms, each with a seating capacity of twelve. Four other rooms are devoted to tonsils and specialties and one to fractures. Five anesthesia rooms and one recovery room are in use with the operating rooms.

Three rooms are set apart and equipped for the sterilizing of instruments and solutions, the main sterilizing room for supplies, linen and other apparatus being situated in the basement. There are locker rooms for the surgeons, the internes and the nurses. Up-to-date scrub rooms are conveniently located.

The office is centrally located, and grouped about it are separate rooms for instruments, solutions, linen, sterile apparatus and the nurses' workroom. In size, arrangement and equipment this department represents the last word in hospital construction.

One of the features of the surgery, which always draws words of praise from the many visiting doctors, is the emergency room, which is always ready, day and night. Ten minutes after a case arrives the operation may begin.

The fracture room, with its armamentarium contained on a portable conveyance so that it can be quickly dispatched to any of the operating rooms, is another feature which has given utmost satisfaction. The cast and appliance room is situated in the basement. Here every material and apparatus used in the treatment of the fractures is manufactured and stored.

The surgical department is presided over by Miss Lilah Mahon, R. N., whose good judgment and painstaking supervision have kept the surgery of the San Francisco Hospital ranking second to none in the United States. Her interest in the education of the student nurses is greatly appreciated. During the last year 3115 operations, including 1281 tonsillectomies and adenoidectomies, were performed in this department.





RECOVERY ROOM



Psychopathic Ward

E are all rejoicing over the opening of the new Psychopathic Ward for the reception, observation, diagnosis and temporary care of persons suffering from mental diseases. No patient will remain longer than fifteen days. Neither will there be admitted previously diagnosed cases of feeble-mindedness, idiocy, acute alcoholism, drug addiction or inmates or paroled persons from State insane asylums.

Drs. Edward Twitchell and Julian Wolfsohn will be the attending physicians.



Dietetic Department

HE dietetic department of the San Francisco
Hospital consists of three resident dietitians, one chief dietitian and two assistants,
who are directly responsible to the Superintendent of the Hospital. There are also student
dietitians taking post-graduate work; their course
covers a period of six months.

Under this staff are waitresses, waiters and pantry help to the number of sixty.

The work of the dietitian includes supervision of the special diet laboratories, the ward diet kitchens in the main hospital and in the tuberculosis hospital. It also includes the management of the main dining rooms for the staff and employees, and the instruction of the student dietitians and the nurses as well as class room teaching in nutrition, cookery and dietetics.

The chief dietitian has field work, which includes organization and supervision of the open air nutrition centers in public schools.

Each student nurse spends a month of her training in the diet kitchen, where she learns to cook the food scientifically, weigh the special diets, prepare specials for post-operative cases,



ETHEL THOMPSON Chief Dietitian

diets, prepare specials for post-operative cases, and put up baby formulas. Previous to this time they have had a course of lectures, with practical work in nutrition and cookery and dietetics; when this course is finished in the diet laboratory the student nurse should be able to figure calorically and to plan and prepare any diet for any patient.





Mission Emergency

O you know that in this city there is an institutional service—the San Francisco Emergency Hospital—that is being used as a model for other emergency hospitals the world over?

Are you aware that dignitaries from Germany, France, England, as well as other countries, visit this hospital service daily, studying the methods used?

World's model emergency hospital service is the name it has earned.

This service was started more than thirty years ago as a part of the San Francisco Police Department. It was only an experiment then, just giving first aid in minor accidents—a receiving hospital.

It has grown to such an extent that it now occupies five modernly equipped hospital buildings, situated in various parts of San Francisco. A sixth hospital will shortly be added to the group.

The Mission Emergency Hospital, located in the north wing of the San Francisco Hospital, Twenty-second Street and Potrero Avenue, is the last word in modern emergency hospitals. This hospital not only receives the injured and sick in its district, but also patients from the various branches, who may need more than temporary care.

All acute surgical cases for the San Francisco Hospital are received at the Mission Emergency Hospital.

The emergency operating room of the San Francisco Hospital used in connection with the Mission Emergency Hospital can be made ready in twelve minutes—a record.

Each emergency hospital has an ambulance service with a steward in charge who is a trained nurse. Besides handling emergency cases, this service conveys all ambulance cases to the San Francisco Hospital. A special ambulance is reserved for contagious cases.

The Central Emergency Hospital, central station for all the branch hospitals, located at Ivy Avenue and Polk Street, was built at a cost of \$100,000 and dedicated Tuesday, March 6, 1917. It is a two-story building of hollow tile, concrete and granite. It is considered by experts to be the most modern and best equipped, barring the Mission Emergency Hospital, in the United States. The lower floor of the building is utilized for emergency hospital service and the upper floor as a detention place for patients held for mental observation.

Other branches are the Harbor Emergency, Clay Street, near the Embarcadero; the Park Emergency, Stanyan Street, near Waller Street, in Golden Gate Park, and the Potrero Emergency Hospital, Twentieth and Third Streets. The Central, Harbor, Park and Mission Emergency Hospitals are always open. The Potrero Emergency Hospital is open only from 9 A. M. until 5 P. M.

Mental patients are sent temporarily to the Detention Hospital.

In connection with the San Francisco Emergency Hospital service, important work is being done by Mrs. Clara B. Tyler, director of the Social Service Department, San Francisco Hospital. This department stands between the city and the person who requests the city's care, but who is able to furnish his own. It is instrumental in discovering many cases of needy sick that have either been sent or have come from outside counties of the State to be cared for by this city and county.

During the past year, the San Francisco Emergency Hospital service answered an average of between 1200 and 1500 calls a month, keeping the eight ambulances on a continual go. All calls put in for the ambulance service are answered immediately, the Central Emergency Hospital notifying the branch nearest to the call.

This excellent and efficient service, which employs fifty-six persons, is under the supervision of the Board of Health, with Dr. Edmund Butler as chief surgeon. His assistant is Dr. George R. Rhodes.

A. McQuade.





The Pharmacy

HIS department occupies a well-lighted, airy room on the main corridor of the hospital. Here Mr. Fred S. Ream and his assistant, Mr. G. H. Nelson, dispense drugs.

This dispensary service, including both allopathic and homeopathic pharmacy, is supplied to all units of the general hospital, Tuberculosis Department, Isolation Hospital, Mission Emergency Hospital, Chest Clinic, Venereal Clinic, outside cases coming under the care of the City Physician, and other departments. The two technical laboratories maintained by the U. C. and Stanford Services, respectively, also draw a portion of their supplies from this department.

The Pharmacy is open every day of the year, Sundays and holidays included. No regular night service is maintained. In case of emergency the pharmacists can be communicated with by telephone. The night supervisors are supplied with a limited quantity of narcotics in tablet form only, which are issued to them in a prescription signed by the Resident Physician. They must keep a record of each dose dispensed. This record is turned into the Pharmacy each morning. The biological case is situated outside of the dispensary rooms. A temperature of about 42° F. is maintained by means of a brine cooling system. A key is kept in the office for night use. When a package of any biological is drawn, the person taking it must leave an order stating the name of the patient, and the kind of biological drawn. This system herein briefly outlined, with a few minor changes, has been in use for the past few years. It is satisfactory, and is well adapted to our use, and in the treatment and care of so large a number of patients it enables us to give all the pharmacy service required.

"Drink to Me" —Brought Up-to-Date

Drink to me only with thine eyes
And I will pledge with mine,
Or let us have two paper cups
All labeled mine and thine.
The thirst that from the soul doth rise
Doth leave no germs disguised,
And each who of Jove's nectar sips
Should have it pasteurized.

I sent thee late a rosy wreath
Not so much honoring thee
As giving it a hope that there
It sterilized might be.
And thou my wreath didst disinfect
And sendst it back once more,
Since when it smells to heaven,
I swear, of H₂SO₄.

If old Ben Jonson wrote today
In love's immortal cause,
He'd strain the kisses in his lay
Through antiseptic gauze.
He'd use prophylactic ink,
Yet never be afraid
Of filthy lucre, with which bards
Occasionally are paid.

I. T. S.



If a doctor doctors a doctor, does the doctor doing the doctoring doctor the doctored doctor in the way the doctored doctor wants to be doctored, or does the doctor doing the doctoring doctor the doctored doctor in his own way of doctoring? P. S.: Call the Junior Interne.

If an S and I and O and U, with an X at the end spell Sue, and an E and Y and E spells eye, now what is a probie to do? Then also, if an S and I and G and HED spells cide, then there isn't much left for the probie to do but go and commit SIOUXEYESIGHED.



A FEW MEMBERS OF OUR FAMILY



Joke Page

Student Nurse—"Would you like to see where I was vaccinated?" Interne—"You bet."
Student Nurse—"Right down there in Ward S treatment room."

Dickery, Dickery, Doc, With patients lined up for a block, With fits and conniptions They plead for prescriptions, "Liquor me, liquor me, doc."

NURSE'S NOTES

"Patient had gnawing pains in stomach after swallowing false teeth."

"How much ground will the examination cover?" "Say, this isn't a class in agriculture."

The more than usual lack of intelligence in class provoked Miss Schenck beyond endurance.

"Class is dismissed," she said. "And please don't flap your ears as you go out."

HEARD IN NERVOUS AND MENTAL CLASS

Dr. Frame—"Dr. Wolfsohn has asked me to take the class this morning, and as I am unprepared, I wonder if anyone could tell me what Dr. Wolfsohn has given you, and what you would like me to speak about."

Miss Flynn (answering promptly from the rear)—"Speak about a minute."

IN ANATOMY CLASS

Miss Schenck—"What do you call the last teeth we get?" Miss Laycox—"False teeth."

IN THE KITCHEN

Nurse—"Won't you have another cup of chocolate, doctor?" Interne—"Too many calories in the cup; I thank you." Nurse—"Why! It couldn't be—I washed it."

IN THE CHEST CLINIC

Visitor—"Do you call it the Chest Clinic because it is supported by the Community Chest?"

DIETETICS CLASS

Miss Thompson—"What is another product of corn?" Miss Everitt—"Oh, corned beef and cabbage."

A flash, a light, A Proctor's yawn, Isn't it swell To get up at dawn? Miss Jones—"I'm a little stiff from bowling."

Gym Teacher—"I don't care where you're from. Get in line and stop talking."

By direct "Where matter I are cally broken England."

Patient—"Whasa matta, I no spik broken Engleesh."
Dr. Murphy—"Not exactly, but it's fractured in several places."

Internes' faults are many; Nurses have only two,— Everything they say And everything they do.

AT THE DISPENSARY

Young Probe—"May I have a can of talcum powder for Ward I?" "Mennen's?" inquired Mr. Reams.
"No, women's," she replied.

The poets sing concerning spring. They say the bird is on the wing. Upon my word, that is absurd, Because the wing is on the bird.

HERE'S ONE ON MAX

"No, I don't think I want that dog!"

"Wot's the matter with it?"

"Legs are too short."

"Well, they reach the blooming ground, don't they?"

END OF A PERFECT DAY

A cow stood on the railroad track, A train came round the bend, She never had been hit before, But she got it in the end.

Miss Brockett—"How much boric do you use to irrigate a woman's ear?" Miss Moser—"Just as much as you'd use for a man's."

HYGIENE CLASS

Miss Schenck—"Why must we keep our homes neat and clean?" Miss Valesquez—"Because company may walk in any moment."

Interne—"It wouldn't take long to tell what you know."
Student Nurse—"It wouldn't take any longer to tell what we both know."

In days of old, When knights were bold, It was a mournful sight When occurred appendicitis In the middle of the night.

Miss Ferguson—"Don't chart 'Dr. Eloesser and Staff visited."
Miss Lester—"All right, but what's Dr. Staff's initials?"

Patient—"Doc, my breathing is giving me a lot of trouble." Dr. Murphy—"Oh, I can stop that for you."

SOCIETY NOTES

Cois Look, a deceased debutante, announced her engagement to Mr. Al. K. Hall at an exquisite formal free-for-all dinner dance in the salmon colored room at Dinty's. The hall was artistically decorated with dill pickles and streamers of olives. The many perforations in the floor added a breezy effect to the surroundings.

Among those present were Mildred Bucker, step-daughter of Dr. Hurtsem, the famous local anæsthetist; Hethel Valensky, daughter of the wealthy shoestring polishers; Gerty Leg, daughter of Mr. Leg, the artificial limb producer. Other society buds present were Fliberta Corris, Meda Muleally, Anytte Bussell.

The elaborate gown of variated gauze worn by Cois Look had recently been smuggled in from Texas. Mildred Bucker was draped with an adherent gown of adhesive plaster. A large display of Oriental glass sparklers illumined her short, tapering fingers. Hethel Valensky wore a dainty gown that was entirely hidden by her corsage of orchids and horsechestnuts. The remaining guests were clad in Denison's crepe paper.

The entertainment was somnambulatory. The solo dance rendered by Gerty Leg was quite a kick.

EVERYTHING GONE

The bills came in, the money went, The sick man's hopes grew fewer, And finally the doctor came And took his temperature.

And when his temperature was gone Through quinine's fierce repulse, The doctor came again next day And calmly took his pulse.

He thought that this the end would be, But was filled with consternation When the doctor came again next day And took his respiration.

She—"Isn't that a gay sunset?"
He—"Gawrd—yes."

[&]quot;Mrs. Clancy, your child is terribly spoiled."

[&]quot;Gwan wid yus."

[&]quot;Well, if you don't believe me, come and see what the steam roller did."

"What must a man be that he shall be buried with military honors?" "He must be a captain." "Then I lose the bet." "What did you bet?" "I bet he must be dead." "Why was Dr. Dawson so severely reprimanded by the hospital librarian?" "Oh, she caught him absent-mindedly removing the appendix from the book he was reading." Esther Narvaez thinks extract of beef is milk. "Yes," said the stranger, "I have made over two thousand dollars this year on aeroplane flights." "Are you an aviator?" "No, I'm an undertaker." **IMPROVEMENTS** Our troubles in the days of old Were unto a policeman told; Now orators stand in a row And tell them to a radio. "I'm not what I used to be." "No?" "I used to be a child." Father—"My son, have you thought what's going to become of you when I die?" Son-"No, father; the question is, What's going to become of you?" EXTRACTS FROM EXAMINATION PAPERS 1. Articles required for a cold sponge. Ans. A warm room. Procedure: Give strength. 2. Do not apply mustard paste to bear skin. 3. Keep a pneumonia patient covered with air and sunshine. 4. Ophthalmia Neonatorum is a cyst containing a serus fluid located in the brain. Treatment: Let it alone and it will absorb itself in time. 5. A tracheotomy is an operation performed after the patient is dead. The result is usually successful. 6. Apothecaries was the "Father of Medicine."

OPTIMISM

7. St. Francis of Assisi devoted his life to care of leopards.
8. H₂O₂ is Hydrogen and H₂O is water in H O Mush.

"'Tis mighty little troubles to me," says Pat.
"When the well goes dry,
Doc sez I've water upon me chist—
A weeping sinew upon me wrist,
And a cataract in me eye.
What matters it, thin, if the rainfall is slack,
Whin since week before last
I've a creek in me back?"

The Mystery

Edited by winner of the lead medal donated by Napa Institution for Feeble-minded and Insane.

ROOF GARDEN PARTY

Miss Mildred Bucker entertained the members of the "Eta Pie Upsi Down" Sorority on the roof garden of the family garage. Among those not present was Cois Look, who was confined to bed in Ward S with sinisitis contracted while inhaling salubrious midnight air, and so she could not attend, even if she were invited. The evening was spent in playing "Farmer in the Dell" and "Button, button—who's got the button?" Thus an appetite was created for the delicious refreshments consisting of Borden's condensed milk and bread. Miss Bucker, the charming hostess, was the first to depart, as her appearance was desired in the Nurses' Home by 10:30 P. M., but the guests remained until midnight. They all enjoyed the Borden's condensed milk immensely.

QUESTIONS AND ANSWERS By Fearful Bear-Tracks

Dear Miss Fearful Bear-Tracks:

Could you tell me what would happen if I gave a patient an ounce of digitalis instead of Mag. Sulph.?—A STUDENT NURSE.

Ans.—Have Holy Water ready and notify priest immediately.

Dear Miss Fearful Bear-Tracks:

I am deeply in love with one of the visiting staff, and he is a married man with two children. What would you advise me to do?—Love Sick.

Ans.—Don't waste your time on him. Look around for his son.

Dear Miss Fearful Bear-Tracks:

I have been idolized by all the student nurses. This is quite annoying and embarrassing at times. Could you give me some advice?—An Interne.

Ans.—Your case seems incurable. Have you ever tried the looking glass?

POOR PROBIES!

There was great excitement and much nervous laughter amongst the Probationers the day that they were given their physical examination—and this is the story that one Probationer told me:

"Oh! I went to Ward S and the doctor tested my lungs with her fingers and then she took up her little 'inter-body telephone' and, after putting the two little hoses in her ear, she placed the receiver over my heart. She then told me to read a chart with the alphabet on it. The letters were all jumbled up to make it more confusing and harder to read. I wasn't scared, because I learned the alphabet when I was in kindergarten.

"After the doctor became tired of looking at me, she said: 'Tomorrow I will give you the Schick Test.' Guess I had better run upstairs and stand before the mirror and pose to see if I can get the artistic effect. The main thing is to get the wink down pat and the baby stare. I never did sheiking, but the Seniors say it can become quite an accomplished art with daily practice. Misses Lester and Jones, although young nurses, are steadily climbing to the 'Sheiking Pinnacle.'"

SCIENCE REVEALS NEW MYSTERY

After giving anesthetics for a month, Honk Fraser, a demure young interne, had absorbed so much ether that it caused a decided stimulation of his brain. The result was that he became hyperactive at the Internes' Dance—thus many suspicious ideas were aroused.

The convalescent—"Did you have my brown suit cleaned while I was in the hospital?"

His wife—"No; I had your black suit fixed up in case anything should happen."

The student nurse's letters to home (and dad) indicate a complete mastery of the touch system.

GASOLINE EPITAPH

Here lies a part of Millicent Frossing;
Her time had come to die.
She fed the gas as she neared the crossing,
We trust she went on high.

Great men in days gone by would plan
With smoke to register their claims;
I hope that they were better than
Cigars that bear their honored names.

"Did you have any trouble with black ants in Ireland, Bridget?"

"No, ma'am; but I had some trouble onc't with a white uncle."

"Is this a fire insurance company?"

"Yes, sir; can we write you some insurance?"

"Perhaps you can. You see, my employer threatens to fire me next Saturday, and I'd like some protection."

"I suppose Barnum went to heaven when he died."

"Well, he certainly had a good chance. In fact, he had the greatest show on earth."

After a man has been married a few years, his bump of hope becomes a dent.

He was born in a fog and everything he touched was mist.

"Who can tell me two famous women who were girls together?"

"I can: the Siamese twins."

A SERIOUS CASE A notoriously absent-minded man was observed walking down the street with one foot continually in the gutter, the other on the pavement. A friend, meeting him, said: "Good evening. How are you?" "Well, I thought I was very well when I left home, but now I don't know what's the matter. I've been limping for the last half hour." "He looks kinder down in the mouth." "Who does?" "Oh, the dentist." "Well, young man, I'll soon have you walking." "You're right, doc; I'll have to sell my automobile to pay your bill." Patient—"All I had to eat for two days was a bowl of soup." Dr.—"That's nothing. I lived on water for a week, when I was crossing the ocean." "I know the Chicago and the Camel Walk, but what's the St. Vitus dance?" "Oh, that's the one you do with a trained nurse." Papa Microbe—"The Board of Health has decided to abolish roller towels." Chorus of Baby Microbes-"Oh, boo-hoo, now we can't have any more fun looping the loop." WHERE IGNORANCE IS PAINFUL Old lady—"Yes, I believe in post mortems; it's awful not to know what you died of." The nurse was rubbing a little Jewish boy's back, when he started laughing violently. "Ticklish?" she inquired. "No, Yiddish," he replied. AN EX-PATIENT "I see you're trying out for the Blue Curtain Dramatic Club. Had any experience?" "Oh, yes; I had my leg in a cast once." Nurse (announcing the expected)—"Professor, it's a little boy." Prof. (absent mindedly)—"Well, ask him what he wants." Dot—"The doctor said I must throw up everything and take a sea voyage." Tot—"Got the cart before the horse, didn't he?" Probie—"Why do we have to take Toxin-Antitoxin?" Sophisticated Senior—"Oh, because the lab's short of guinea pigs." IN MATERIA MEDICA Miss Schenck—"What is an analgesic?" Junior—"God only knows, I don't." Miss Schenck—"God gets the credit, you don't." GENEROUS! "Have an accident?" "No, thanks; I just had one." Page 94]

Patient—"I've been taking this thermometer every four hours for a week now, and it hasn't done me a bit of good, so today I'm going to fool the nurse and bite the end off."

That reminds us of the time the patient in Ward E chewed up the thermometer and Miss Bauman sat him on the radiator to make the mercury rise.

"In each student nurse's room we have a set of rules to go by." (And we go by them.)

"That man bores me to tears," said the sweet young thing as she crawled out of the dentist's chair.

YES

"A man would be crazy to go to a place like that," said the guide, as he pointed to an insane asylum.

The young doctor said to the girl of his choice: "Do you know, dear, I have a heart affection for you?"

"Have you had it long?" she coyly inquired.

"Oh, yes; I feel that I will liver troubled life without you," he fervently responded.

"Then you had better asthma," she lisped.

First Probe—"What is meant by p. r. n.?"

Second Probe—"P for pulse, R for respiration, and I don't know what the N stands for."

Young Mother—"Do you think it advisable to spank Johnnie on a full stomach?" Doctor—"No—turn him over."

YE CHRISTMAS CAROLERS

Patient—"Are those girls that are singing, Italians?"

Nurse—"Why, no!"

Patient—"Surely they aren't singing in English?"

SUSPICIOUS

She—"Isn't it a nuisance, dear? Mother sent me a recipe for some wonderful floor polish and I've mislaid it."

He (tasting soup suspiciously)—"Are you sure you mislaid it, darling?"

Teacher—"Give the principal parts of "possum."

Pupil—"Head, legs and tail."

Eph had been up the apple tree, as his bulging pockets testified. The recent owner of the fruit came along the fence, looked over and saw him.

"Look here, little one," he cried angrily, "didn't I tell you not to let me catch you here again?"

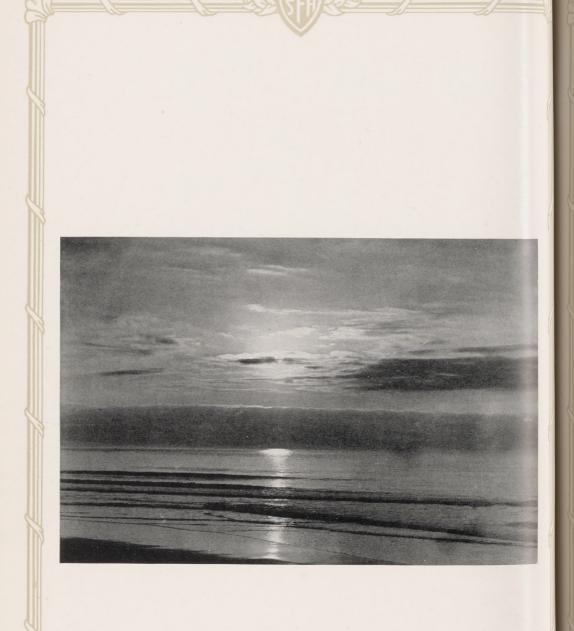
"Don't be alarmed," grinned Eph, getting into his stride, "you haven't caught me yet."

"'Twasn't the cough that carried her off---'twas the coffin they carried her off in."

"Pa, what's a collision?"

"Oh, two things that come together."

"I see, you mean twins."



The Editorial Staff of The Cap and Seal desires to thank most sincerely all who have contributed to this book.

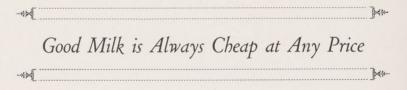
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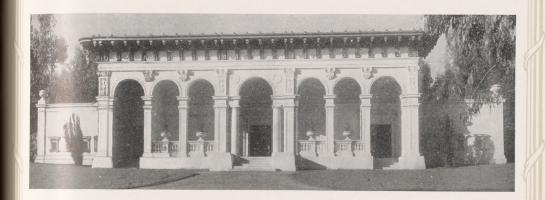
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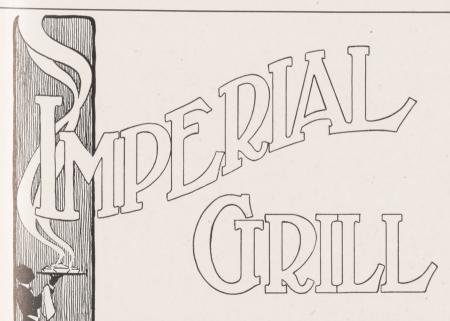
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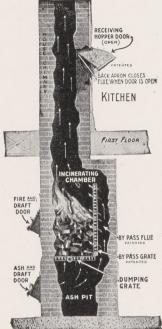
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